



*Be the light that you are  
Be the spark from within  
My world is beautiful  
From within I shine my light  
My spark, my heart of pure intension  
Of pure, love with my inner most thoughts  
Purenness of light, pureness of love  
I raise my vibration  
I stand tall like a tree  
Vibrating and pulsing all dense energy out through each branch  
Clearing and purifying  
Connecting to Gae  
Connecting to the universe  
I Breathe and connect as one*

*Amanda Popely*